

DIVISION OF BEHAVIORAL HEALTH AND RECOVERY
OFFICE OF PROGRAM SERVICES
PROGRAM PROFILE

DETOXIFICATION

Date Profile Updated: January 2010

Who Can I Contact At DBHR For More Information?

Primary Contact Information:

Ella Hanks, Administrator, DBHR Regions 1 & 2
P.O. Box 9428, MS: B39-6
Yakima, WA 98909
Hanks.Ella@dshs.wa.gov
Phone: 509-225-6196 FAX: 509-454-7611

Alternate Contact Information:

- DBHR Regional Administrators
- DBHR Regional Treatment Managers
- DBHR Headquarters Treatment Staff
- DBHR Certification Staff
- County Alcohol and Drug Coordinators

- Alcohol and Drug Help Line at (206) 722-3700 (within Seattle) or toll free 1-800-562-1240 (if calling within Washington State)

What Is The Program Description?

Detoxification services assist patients in withdrawing from alcohol and other drugs.

- Acute detoxification occurs in a medical setting and provides medical care and physician supervision for withdrawal.
- Sub-acute detoxification occurs in a home-like environment in which patients may self-administer medications ordered by a physician and approved by the physician for use while the patient is in the detoxification facility.

What Populations Are Served/ Who Is Eligible For These Services?

- Youth who are between 13 and 17 years of age.
- Adults who are 18 years of age or older.
- Youth and adults who are indigent or low-income.

What Is The Biennial Funding Amount and Source?

Through contracts with some counties, DBHR budgeted \$11,316,194 for detoxification services for the 2009-11 Biennium.

Counties have been given the flexibility to use their detoxification allocation to fund other treatment services.

Those counties that utilize the funding for detoxification services contract with private facilities certified to provide detoxification services, or provide the services themselves through county owned facilities that are certified by DBHR.

**DIVISION OF BEHAVIORAL HEALTH AND RECOVERY
OFFICE OF PROGRAM SERVICES
PROGRAM PROFILE**

How Many People Are Served?

In State Fiscal Year 2009, there were 12,829 adult admissions to detoxification services. This represents 8,905 individuals with the following characteristics:

- 67% male; 33% female.
- Median age range: 31 – 40.
- Primary substance of abuse:
 - alcohol – 55%
 - heroin – 17%
 - methamphetamine – 8%.
- 35% were homeless at time of admission.

What Would Be The Impact If This Program Was No Longer Available?

Other services will be impacted at a much higher cost to taxpayers. Or individuals will not receive any services at all, resulting in health and safety problems for the individuals and communities.

Individuals needing detoxification services may:

- not be able to access needed and appropriate services.
- use medical emergency rooms and other more costly interventions.
- be sent to jail instead of receiving detoxification services.
- add to the transient and homeless street population.
- remain on the streets where their condition may worsen.

What Agencies Collaborate With DBHR To Deliver These Services?

- Washington State Department of Health - Facilities and Professional Licensing Section.
- DBHR certified detoxification facilities.
- County Alcohol and Drug Coordinators.

What Are The Sources For Program Data or Additional Information?

- DBHR Directory of Chemical Dependency Services, Appendix O, which lists DBHR Certified detoxification facilities that are open to the general public.
- County Alcohol and Drug Coordinators.
- State Approved Alcohol and Drug Treatment Facilities.
- DBHR Regional Administrators.
- DBHR Regional Treatment Managers.